



2022 UEC BMX EUROPEAN CUP

Rounds 11 & 12

25 & 26 June 2022



CONTENT TECHNICAL GUIDE

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1. INTRODUCTION

Valmiera Olympic Centre and the city Valmiera are very proud to welcome you to the BMX track, inspired by the great achievements of two-times Olympic gold medallist Maris Strombergs.

2. TRACK DETAILS

The track is 330 meters long, with two starting hills (8 and 5 meters high) and three start gates (8, 5 and 3 metres high). BMX track configuration has been developed by "PRO TRACKS" – experienced developers of several Olympic BMX tracks.



3. THE CITY OF VALMIERA

Valmiera – Evergreen City, Sports Municipality in Latvia 2021

Though Valmiera is an industrial city, it is actually part of a forest. Entrepreneurship and a dynamic lifestyle interact harmoniously with a natural environment. The equally enjoyable options of peace and constant motion are both on offer. A few minutes' walk will take you from any place in the city to a forest, park, meadow or the banks of the picturesque river Gauja. At the same time, you can soak up the vigour of the city and make the most of its opportunities.

The symbol of Valmiera is a Growth Medal. It is the hometown of outstanding athletes, including the first Olympic BMX racer and double Olympic BMX race champion, Māris Štrombergs. The highly developed and multi-functional sports infrastructure, along with our pleasant and natural urban environment, attract professional athletes to training camps and sports event organizers to run international sporting events in Valmiera. There is a swimming pool and a BMX track, sports fields, an ice hall and a multi-sports hall that comply with international standards, with a modern track-and-field arena.

In 2021 the renovated stadium and the new track and field athletics arena opened. The stadium named after Jānis Daliņš, the winner of the first for Latvia Olympic medal, is a sports building of national significance with state funding, with the active participation of the Latvian Athletics Association in the design process. Furthermore, the stadium and the landscaped area of the stadium are freely available to all lovers of active recreation.

Walking down Riga Street in Valmiera, a rather unusual picture appears before your eyes, as you suddenly find yourself at eye level with the treetops. Take a closer look and you'll get a bird's eye view on a beautiful forest containing an amazing new site for active recreation, open to everyone – the new sports and active recreation park, the Forest.

This year Valmiera will celebrate its 739th birthday. Welcome!

One weekend before the European Cup in Valmiera, another BMX races will take place in Valmiera. The 4th stage of the Latvian Cup will take place on June 18 and 19, 2022. To find out more about the competition and register for it, please send an e-mail to bmj@lrf.lv.



4. GENERAL INFORMATION

| | | | | | | | |
|-----------------------------|---|--------|-------|----------|-------|-----------|--------|
| Organisation: | Valmiera Olympic Centre | | | | | | |
| Location: | Cempionu iela 3, LV-4201, Valmiera, Latvia | | | | | | |
| Competition: | 2022 UEC BMX European Cup Rounds 11 & 12 Saturday: C1 Class / Sunday: HC class | | | | | | |
| Date: | 24, 25 & 26 June 2022 | | | | | | |
| Information: | Valmiera Olympic Centre Email: sandis.karklins@voc.lv Website: www.valmierasoc.lv Facebook: https://www.facebook.com/ValmierasOlimpiskaisCentrs Instagram: @valmierasolimpiskaiscentrs Twitter: @VOCsports Phone: +371 29479071 | | | | | | |
| UEC Event Manager: | Mrs. Jolanda Polkamp, email: jolandapolkamp@gmail.com | | | | | | |
| National Federation: | Latvian Cycling Federation (www.lrf.lv) Artis Ozols, e-mail: bmx@lrf.lv | | | | | | |
| Parking: | For teams: 2 parkings (A and B). For officials: 1 parking (C), no admission fee. For spectators: A free parking place is located 1min walk from the track. And about 50m from the track there is another free parking located. | | | | | | |
| Camping: | The camping site will be open: Thursday June from 15:00 p.m. to 20:00 p.m. Friday June from 9:00 a.m. Price for the whole event (Friday-Monday) is € 100.-, including electricity, public toilets and showers. Reservation required. | | | | | | |
| Admission fee: | <table><tr><td>Sunday</td><td>€ 5.-</td></tr><tr><td>Saturday</td><td>€ 5.-</td></tr><tr><td>Both days</td><td>€ 10.-</td></tr></table> <p>Admission is free for children under 12, pensioners and people with disabilities.</p> | Sunday | € 5.- | Saturday | € 5.- | Both days | € 10.- |
| Sunday | € 5.- | | | | | | |
| Saturday | € 5.- | | | | | | |
| Both days | € 10.- | | | | | | |
| Team-area: | UEC 2022 registered teams € 150.- Non-registered teams € 200.- Team space: Reservation required | | | | | | |

5. LOCATION

The BMX track "Maris Strombergs BMX track "Valmiera"", is located in the North of Latvia, city Valmiera.

More information: <http://bmxvalmiera.lv/en/home-3/>

Driving from the road P133 to the street Kārļa Ulmaņa gatve / A10. Head to Kārļa Ulmaņa gatve / A10. Vidzeme suburb: drive along Brīvības Street to A2 Street. Kocēni parish: take the road A2 and A3 to Rīgas iela. Valmiera: drive along Rīgas iela to Vaidavas iela. At the roundabout, take the 1st exit onto Vaidavas Street. Turn left to stay on Vaidavas Street.

By plane: Riga Airport (RIX), is located 115 km from the track, approximately 1 h 30 min drive.

6. WELCOME CENTRE

The Welcome Centre is located in Maris Strombergs BMX track "Valmiera", under 5m starting hill.
Address: Cempionu street 3, Valmiera.

The Welcome Centre will be used for:

- Riders Confirmation (Chef D'Equipe)
- UEC BMX Teams registration
- Accreditation
- Camping
- Team area payment

Opening hours Welcome Centre

| Date | Open | Closed |
|-------------------|-----------|------------|
| Friday, 24 June | 9:00 a.m. | 20:00 p.m. |
| Saturday, 25 June | 9:00 a.m. | 20:00 p.m. |
| Sunday, 26 June | 9:00 a.m. | 20:00 p.m. |

MAP OF THE BMX EVENT



7. PROGRAMME*

The time schedule will be established by the UEC according to the number of entries and will be forwarded in due time to the Organiser of the race, and will be posted on the UEC website (www.uec.ch) after the registration deadline.

Block 1: Challenge riders 7-14 & Cruisers

To be updated by UEC after registration

Block 2: Challenge riders 15-25+

Block 3: Championship classes

| | | |
|-----------------|-----------|--|
| FRIDAY | 09.00 | Welcome Centre open |
| | | UEC Team registration / UEC Team manager accreditation |
| | | Rider's Confirmation / Chef d'Equipe accreditation |
| | | Team manager meeting |
| | 12.00 ... | Training Championship classes |
| | | Training Block 2 - Challenge riders 15 - 25+ years |
| | | Training Block 1 - Challenge riders 7 - 14 years |
| | | Training Cruisers |
| | | |
| SATURDAY | 08:00 | Championships block 3 |
| | | |
| | | Challenge categories |
| | | |
| SUNDAY | | Schedule like the Saturday schedule |

* Subject to change

8. RIDER CATEGORIES

Championship classes:

| | |
|---------------|---------------------|
| Men Elite | 19 years and older |
| Women Elite | 19 years and older |
| Men U23 | 19 to 22 years old |
| Women U23 | 19 to 22 years old |
| Men Juniors | 17 and 18 years old |
| Women Juniors | 17 and 18 years old |

Challenge classes:

| | |
|----------------|--|
| Boys: | 7, 8, 9, 10, 11, 12, 13, 14, 15/16 (minimum age 7 years old) |
| Girls: | 7, 8, 9, 10, 11/12, 13/14, 15/16 (minimum age 7 years old) |
| Men: | 17/24, 25+ |
| Women: | 17+ |
| Cruisers: | 17/29, 30/39, 40/44, 45+ |
| Cruiser Women: | 17 + |

9. REGISTRATION AND RIDER'S CONFIRMATION

Online registration

Online registration for federations through the UEC website (www.uec.ch) clicking as follows <https://www.uec.ch/en/registrations/>

Access: personal login and password of each National Federation.

Deadline online registrations

All federations will be informed by e-mail of the events deadline for registration.

Deadline online registrations

Federations have the possibility to cancel riders before the deadline for each particular event until Monday (23:59 CET) before the event. In case this is done, the entry fee is not payable.

The entry fee remains payable to UEC in case a rider's entry is cancelled or not confirmed following the registration deadline.

Rider confirmation

All team managers and Chef d'Equipe must attend the rider confirmation on Friday at the Welcome center to confirm their riders participation for the event.

If there is a no show from one delegation the UEC will send the invoice accordingly. The registration to the next event will depend on the payment of the invoice.

Late entries

Federations can register Championships riders as late entries on Friday at rider confirmation paying double entry fee in cash for these riders. Credit Cards are also accepted and in accordance with the Swiss Bank regulations, the amount of the Registrations fee will be charged in CHF (exchange rate will be clearly mentioned at the venue).

Transponders

All riders in Championships classes (Junior, U23 and Elite) require a UEC transponder to be able to participate. The transponders are provided by UEC. They will be provided in a bag per country to the Chef d'Equipe / team manager. Immediately after the race, the transponders for each country must be handed in by the Chef d'Equipe / team manager after the race.

If a rider fails to return the transponder after the event, the UEC will send an invoice of €100.- per transponder to the federation. The rider will not be able to participate in the next UEC BMX European Cup round until the invoice is paid.

Registration fees

The entry fees for all riders must be paid by federations in full to the UEC bank account before the deadline set for the event, or in cash by the National Team Manager/Chef d'Equipe on site at rider confirmation.

Credit cards are also accepted and in accordance with Swiss Bank regulations, the amount of the Registration fee will be charged in CHF (exchange rate will be clearly mentioned at the venue).

The 2021 registration fees are the following:

| | |
|---------------------------|---|
| Challenge classes: | € 35.- per entry, per round |
| Junior Classes: | € 45.- per entry, per round (including transponder) |
| U23 Classes: | € 55.- per entry, per round (including transponder) (€ 65,00 if the rider U23 chooses to compete in the elite class) |
| Elite Classes: | € 65.- per entry, per round (including transponder) |

Above apply both for all races of the UEC BMX European Cup. Deadline for payment is Monday before the race weekend.

Payment details for federations

For all rounds – UEC bank account:

Union Européenne de Cyclisme (UEC)

BIC / Address SWIFT: UBSWCHZH80A

UBS Switzerland AG / Place St François 16 / CH – 1002 LAUSANNE

Account EURO IBAN: CH70 0026 9269 9200 65M9 K

10. RULES

All riders, coaches, parents, commissaires, personnel and visitors must respect Covid-19 rules implemented on the venue by the organiser.

The provisions of the latest version of the UCI's BMX Rulebook v20220101 apply with a few amendments.

The posting of race information including start lists and results will be done electronically at every event of the UEC BMX European Cup events.

UEC BMX European Cup events are open to all riders who are licensed by a National Federation, with a minimum age of 7 years old. There is no limit in the number of riders a country can register.

Event format

For all Challenge categories scrambled seeding is used for the motos according to article 6.1.027 and 6.1.027quater of the UCI BMX Rulebook v20220101 with a few amendments.

For Championship categories the UCI BMX World Cup system is used according to articles 6.3.009 till 6.3.014 of the UCI BMX Rulebook

- In order for a category to be held, at least 13 riders must be registered and confirmed in that category following riders confirmation. If less than 13 riders are entered in a category following riders confirmation, the riders will be combined with the category of the same gender, following Article 6.3.005 bis of the UCI Rulebook.
- Riders are not automatically entered in both Rounds of each UEC BMX European Cup event. During riders confirmation on Friday, riders can opt to participate in only 1 Round during the UEC BMX European Cup event.
- All riders in Championships categories require a UEC transponder to participate in UEC BMX European Cup Rounds.

Rider's equipment

All riders receive a number plate and side plate from UEC at registration of the UEC BMX European Cup Race. In all UEC sanctioned BMX events a rider must display the number plate and side plate assigned to him. A rider who fails to display the correct number plates will be refused their start, or relegated, if it is noticed after beginning a heat or run.

All riders must either wear a clearly visible national flag of their country on both shoulders or the national jersey of their country.

If a Championship rider is National Champion in their class, this rider must wear either:

- the jersey awarded by the federation,
- a replica of that jersey with publicity in the spaces allowed by the regulations,
- their normal jersey with the left sleeve designed to look like the flag of their country

Number of motos: in case of special conditions (weather, wind or else) or a high number of participants, the UEC BMX Commission allows the PCP in agreement with the UEC Technical delegate to reduce the number of motos. This can only apply for challenge classes and never for championship classes.

Team manager meeting

Team Managers meeting will be on Friday, as indicated in the time schedule. The location of the meeting will be indicated at the event. The participation is mandatory for: max. 1 National Delegate (Chef d'Equipe); max. 1 Team Manager of the UEC registered team; max. 1 Team manager of UCI registered team, max. 2 National BMX Coaches (registered by National federation).

If necessary, the UEC Technical delegate and PCP can decide to call for other meetings during the event.

11. ACCREDITATION

A Chef d'Equipe or his nominated staff is accredited by the UEC with the right to enter a restricted zone in order to perform his duties. Such accreditation may be revoked for any breach of the UCI Regulations or noncompliance with the instructions of the organisation or the Commissaires' panel.

Members of the country delegations will receive accreditation at all UEC events according to the following schedule if they register their staff through the UEC online registration system.

| Riders | Maximum accreditation |
|--------------|-----------------------|
| 1 – 2 | 1 |
| 3 – 10 | 2 |
| 11 – 20 | 3 |
| 21 – 50 | 5 |
| 51 – 100 | 7 |
| 101 – 200 | 9 |
| 201 + | 10 |
| Host country | 10 |

Athletes

All athletes will be given a wristband so that they can reach all areas necessary.

National Teams

Each National Championships team must register their staff (Championship coach, doctor, other staff members) must be registered in the online UEC registration system. If you have any trouble please send an email to jolandapolkamp@gmail.com before the event.

Chef d'Equipe

Each federation which registers riders must appoint a Chef d'Equipe (national team manager) to represent the interests of all of its riders. Each Chef d'Equipe must confirm the presence of each rider as per the preregistration riders list, on the scheduled day and times of registration.

Mandatory registration of staff before the event

Before each event a national federation must register their Chef d'Equipe and the whole team in the UEC online registration system, the registration will be checked at the event.

If you have any trouble please send an email to jolandapolkamp@gmail.com before the event.

Chef d'Equipe, Team managers and assistants must present a license from the federations. UEC will check the registration of the staff and then they will be given the accreditation. Without a registration in the UEC online system UEC will not give out accreditation.

National BMX coaches

UEC acknowledges official BMX National coaches for European Cup. National federations have to register their coaches to the accreditation system. They will be provided with accreditation per race. A country can register max 2 coaches per country per race.

UCI Teams

UCI teams have the same rights as national teams.

Personal BMX coaches

Championships riders who come to the event with a personal BMX coach are offered the possibility to buy a Coach pass from the organizer. This coach pass costs €150,- per weekend. This allows you access to the team manager meeting and coach area.

12. 2022 UEC BMX EUROPEAN CUP TEAM RANKING

UEC Registered teams

UEC teams (<http://www.uec.ch/en/teamsbmx>) must confirm their 4-rider participation on Friday before each event (see time schedule) at the Welcome Centre. Team managers have to fill-in the team Entry form at team confirmation. In return for the registration they receive accreditation for the event.

Accreditation team manager

Teams only receive accreditation when they enter the team competition at the event. A UEC BMX team manager or his nominated assistant is accredited with the right to enter a restricted zone in order to perform his duties. Such accreditation may be revoked for any breach of the UEC or UCI Regulations or non-compliance with the instructions of the organisation or the commissaires' panel.

Team Spaces for UEC registered teams

UEC Teams must register team spaces as indicated in the event Technical Guide. The organiser will provide spaces for team tents to UEC registered teams, or 6 x 3 m for each team, at the cost of € 150,00 per team space. This includes 1x free event entry ticket per team tent space paid for.

For all rules concerning UEC BMX European Cup Team Ranking see European Cup Team Rules document on UEC website (www.uec.ch/en/bmx-european-cup).

Team Spaces for other teams

The organiser can provide spaces for team tents to non-UEC registered teams, of 6 x 3 m for each team, at the cost of € 200,00. These teams receive 1 free event ticket from the organizer per team tent (6x3m).

Registration team area

Reservation is required, send your team area request to: kristers.taims@inbox.lv
Registration allowed until 20 June 2022.

Team area rules

If any add details (opening hours, drop-off, contact person for all info about the area, etc.)

No cars or other motorized vehicles will be admitted to the Team area.

13. PRIZE MONEY AND TROPHIES

Prize money Championship classes

The prize money will be paid by the organiser directly to the riders following the finals and award ceremony.

Podium ceremony

Only Championship riders who come in 1st to 3rd place are obligated to attend the podium ceremony in race uniform.

UEC requires a clean podium photo without commercial attributes, like helmets, goggles or bikes, for media purposes. Afterwards riders may take photos with commercial items.

Prize money (per round)

Saturday: C1 Class / Sunday: HC class (UCI Financial obligations)

| | ELITE HC / C1 | U23 HC / C1 | JUNIORS HC / C1 |
|-------|-----------------|---------------|-----------------|
| PLACE | € / round | € / round | € / round |
| 1 | € 1.600 / € 800 | € 400 / € 350 | € 100 / € 80 |
| 2 | € 800 / € 400 | € 200 / € 175 | € 90 / € 70 |
| 3 | € 400 / € 200 | € 100 / € 85 | € 80 / € 60 |
| 4 | € 350 / € 175 | € 85 / € 75 | € 70 / € 50 |
| 5 | € 300 / € 150 | € 75 / € 65 | € 60 / € 40 |
| 6 | € 250 / € 125 | € 60 / € 55 | € 50 / € 30 |
| 7 | € 200 / € 100 | € 50 / € 40 | € 40 / € 20 |
| 8 | € 150 / € 75 | € 40 / € 35 | € 30 / € 10 |

Challenge Categories

Cups for places 1 - 8 for both rounds award ceremony.

Top 3 Challenge riders on the podium, the other finalists receive their trophy at the finish line.

14. TRACK BOOKING

Track booking

The track will be open for (non-event) practice during the event week, The BMX track can be booked for practice until Thursday, 23 June. Also we offer to participate in Latvian Cup on June 16 and 17.

The BMX track can be booked for practice.

To book time on the track, check availability and prices please contact: sandis.karklins@voc.lv

15. CAMPING

Valmiera Olympic Centre offers the option of camping at the event.

Electricity, sanitary facilities (restrooms, public toilets and showers) and 1 power connection are included in the price. The campsite is divided in 2 locations. Campsite A and campsite B. They are located in the territory of the BMX track. (Check the map of the event).

Check-in: Thursday from 15:00 to 20:00 p.m. or Friday from 08:00 a.m.

Check-out: Monday till 12:00 o'clock.

Price: € 100,-

Payment facilities:

Facilities campsite:

Reservation is required, please fill in the Camping form available www.bmxvalmiera.lv/camp-registration/

16. HOTEL

Official race Hotel

Sports Hotel

Vaidavas iela 15, Valmiera, LV-4201

Homepage: www.sportshotel.lv

E-mail: info@sportshotel.lv

Stadium Hotel

Jāņa Daliņa iela 2, LV-4201

Homepage: <https://janadalinastadions.lv/stadium-hotel/>

E-mail: info@janadalinastadions.lv

Bestes Apartaments

Bērzu iela 5, Kocēni, Kocēnu pagasts, LV-4220.

E-mail: iveta@bestesapartamenti.lv

Hotel Wolmar

Tērbatas iela 16A, Valmiera, LV-4201

Homepage: www.hotelwolmar.lv

E-mail: info@wolmar.lv

17. LIVESTREAM

All UEC BMX European Cup rounds are broadcasted live on UEC website: www.uec.ch.

18. PARKING

At a walking distance of about 100 meters there is parking available for riders, visitors and non-UEC registered teams. Please follow the signing. Price (if the parking is not free).

A free parking place with limited capacity is situated next to the track for team managers or UEC registered teams and officials. This parking is clearly indicated and the car must be provided with a parking card. You will receive the parking card at the riders confirmation. Others are required to pay for their parking.

19. CATERING

There will be several catering stands, where you can buy hot and cold food and drinks. Also for teams and team members a café will be open, 200 m from the track.

20. SHOPS

A BMX Shop Village will be set up during the UEC BMX European Cup.

If you would like your shop or entertainment to be present during the European BMX cup, reserve your space in the BMX Village. Send an e-mail to: sandis.karklins@voc.lv

21. PRESS

Press accreditation for the event may be granted only to accredited journalists in possession of an ID card issued by the national press association. Accreditation for the events must be done through the UEC website for all UEC events <http://uec.ch/en/media>.

During the UEC BMX European Cup events accreditation and BIB's will be handed out by UEC Press Officer. It mandatory to wear UEC press BIB's for the journalists on the track. The UEC will provide them and have someone responsible for their distribution.

The number of journalists on the track at the same time must be agreed by the PCP depending on the track space/size.

Press conferences, flash interviews etc. must be agreed with the UEC BMX Commission.

For all publications the UEC logo as well as the UEC main sponsor logo should be used in accordance with UEC graphic charter.

General rules

- At every UEC BMX event BIB's are used for press on and off the track.
- The distribution of the BIB at the events is done by the indicated UEC press officer or his / her deputy.
- During the events, five red Bibs' (of which one for the UEC photographer) are distributed, the rest of the photographers get a yellow BIB.
- The BIB distribution is examined separately for Challenge and Championship classes
- A guarantee for each BIB is mandatory: € 50 or an official document (driver's license, identity card, press card ...)
- By failing to comply with the regulations or the instructions of officials, the BIB can be taken from a photographer immediately.
- Be careful when using flash. Do not flash directly into the eyes of the riders.
- Photographers must be impartial on the track; it is not allowed to cheer for a rider in the track.
- It is strictly forbidden to touch a rider and / or bicycle.
- It's forbidden to walk across the photo finish line. This can cause problems for the people of the photo finish cameras.

- A photographers meeting can be organized. This will be announced in advance in a timely manner.

Drones

- Drones might be allowed after consultation with the UEC responsible, providing they are allowed by local laws. The pilot must hold a valid pilot license and there must be compliance with all regulations regarding the airline (flight plan etc.) Moreover, the minimum and the maximum height are fixed according to the regulations of the country. Failure to comply with all the proposed rules will be reported to the police.

Security Service will be provided day and night by Protection Unit.

The organiser accepts no liability for thefts or damage occurring on the site, during the race, in the car parks or on the track campsite.

Please respect the environment and dispose of your waste responsibly.

22. MEDICAL INFORMATION

A team of doctors and paramedics will be present throughout practice and racing. The team will be based on the track and have use of a medical room at the bottom of the start ramp.

The medical team will be available at the following times:

Official Practice Day

- Friday 24 June – Detailed schedule provided after registration closes.

Competition Days

- Saturday 25 June - Detailed schedule provided after registration closes.
- Sunday 26 June - Detailed schedule provided after registration closes.

The nominated hospital:

Vidzeme Hospital
Jumaras iela 195, Valmiera, LV-4201

Be advised, when visiting the hospital, you will need to bring;

1. Copy of ID/Passport, address, postal code and place of residence.
2. Copy of insurance / health care incl. phone number.
3. Credit Card.

Important to remember!

- If it is necessary to go the hospital because of injuries, please report first to the medical team of the organisation. If the medical team of the organization is not available anymore please inform them afterwards. We would like to prevent people going to the hospital unnecessarily and to regulate the number of people visiting the hospital.
- Attention: Restriction on who can go: Rider plus 1 other. If it is necessary to go the hospital, please note that only 1 extra person (per day) is allowed to join the injured person due to COVID-19. Sometimes other hospitals have other regulations so it is always best to check this at the hospital you are heading to.
- Transportation to and from the hospital is your responsibility.

23. SECURITY

Security service will be provided on daytime at the track and campingsite.

Valmiera Olympic Centre and the city of Valmiera accept no liability for thefts or damage occurring on the site, during the race, in the car parks or on the track campsite.

Please respect the environment and dispose of your waste responsibly.